

# HomeGuide

Discussions on and resources for the kitchen and bath, design and decor, outdoor living, and landscaping.

## THE GREEN REVOLUTION IS COMING TO YOUR KITCHEN

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Details about the kitchen pictured:  
Periphery-Lyptus  
Island-Painted Rustic Hickory  
Wood Top-Lyptus



**T**he excitement about healthier, more energy efficient homes is growing. Are you building a new home or you are ready to remodel and update your present kitchen? If so, your “green” choices are increasing almost daily.

Until recently, the limited choices for green products for the kitchen were either very expensive, not very attractive,

or both. Now there are several major categories of kitchen components that are healthier and/or more energy efficient.

The kitchen is the “Heart of your Home” and is the one room where you spend the most of your waking time. Eco-Friendly cabinets are becoming more affordable and the styles and finishes rival conventionally constructed cabinetry.

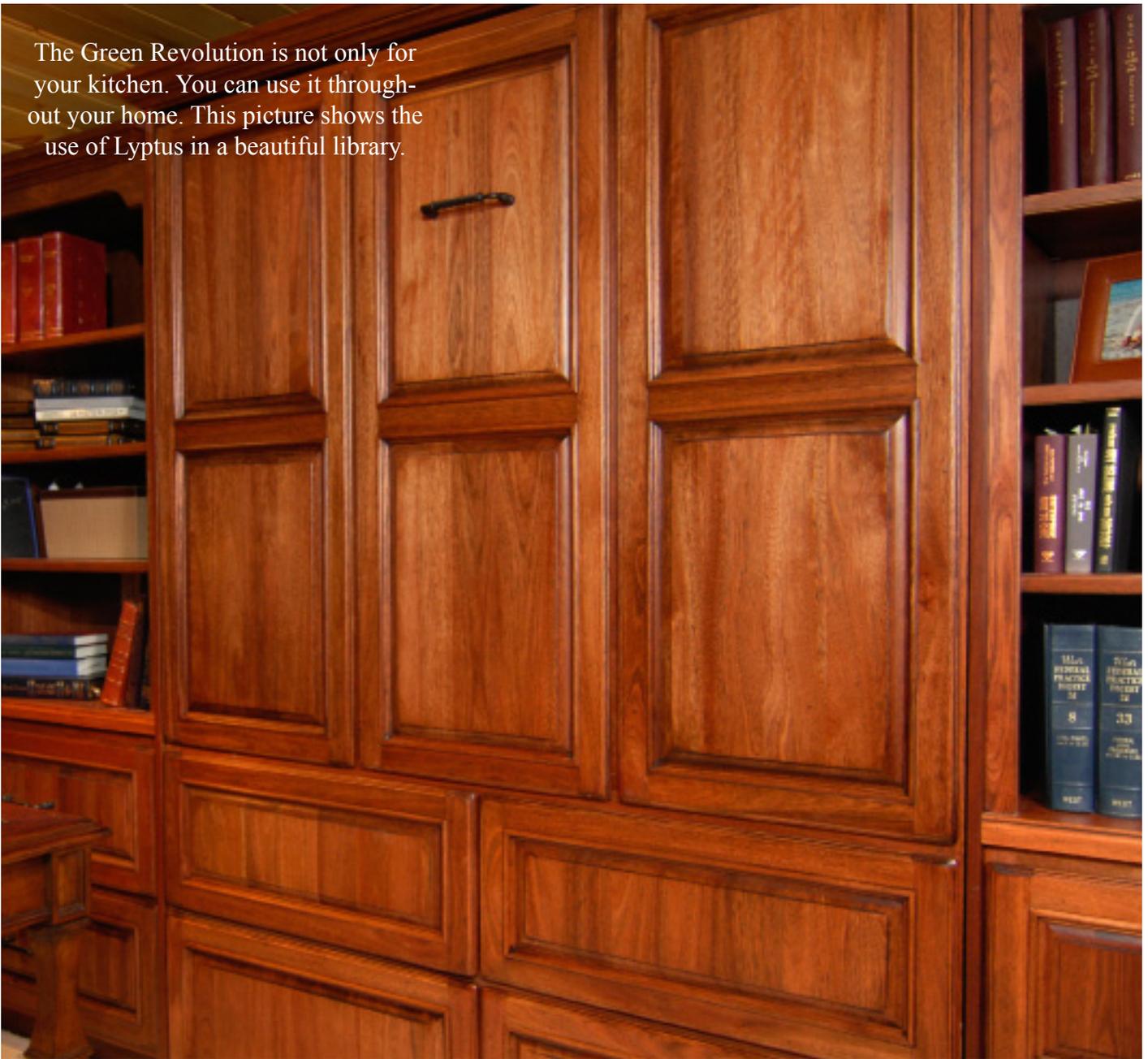


They can be made from woods that have no formaldehydes added and with finishes that are formaldehyde free and 0% volatile organic compound (VOC) free. Woods that are harvested in a sustainable manner such as bamboo and lyptus are also available. Proper ventilation is an important part of creating a healthy kitchen environment. Consulting with an NKBA certified kitchen designer who is trained to guide you in your choices will give you the latest in

design knowledge. To compliment your beautiful healthy cabinets, you can choose from several counter tops that are made from recycled materials such as recycled glass, paper and stone. These product use less energy in production and are recyclable when they need to be replaced.

Another area to focus on is water use and conservation. There are several new technologies for heating water that

The Green Revolution is not only for your kitchen. You can use it throughout your home. This picture shows the use of Lyptus in a beautiful library.



offer significant energy savings. Reduced flow faucets, shower heads, and toilets are available that will dramatically reduce family water consumption.

The major energy users in your kitchen are your appliances. Choosing Energy Star Rated appliances will significantly reduce your energy consumption. Many new appliances are now Energy Star rated. Other choices that will lead to over all reduction in energy use are compact florescent or LED lighting, tankless hot water heaters, and energy efficient windows, doors, and insulation.

There are several contractors in the area with specialized training and experience in green construction. These

contractors can provide you with the building practices and material choices that will give you a truly green home. Here are several resources for learning more: [www.kochcabinet.com](http://www.kochcabinet.com), [www.hchbagreen.com](http://www.hchbagreen.com), [www.hahbgreen.com](http://www.hahbgreen.com), [www.usgbc.org](http://www.usgbc.org), and [www.nkba.com](http://www.nkba.com).

Saving energy and creating a safe, healthy environment for you family, is good for you, good for the environment and good for our national economy.

Call Distinctive Kitchens and Baths for more information at 828-963-9633 or visit them at their location at Shops At Twin Rivers on Hwy 105 South in Foscoe. You can also visit their website at [www.boonekitchensandbaths.com](http://www.boonekitchensandbaths.com)